



Assist Ability Australia

Menu

FOR 2025 DAY PROGRAMS



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April 22, 2025

Lunch

DIY Subway sandwiches various vegetarian and meat options



Desserts

Charcuterie Board



April 23, 2025

Lunch

Home made Pizzavarious vegetarian and meat options



Desserts

Anzac Cookies



April 24, 2025

Lunch

Home made Pizza various vegetarian and meat options



Desserts

Charcuterie Board



MENU FOR 2025 DAY PROGRAMS

April 29, 2025

Lunch

Italian Meatballs and Garlic Bread



Desserts

Charcuterie Board



April 30, 2025

Lunch

Burrito Wraps, Chicken and Beef



Desserts

Cupcakes



May 1, 2025

Lunch

Burrito Wraps, Chicken and Beef



Desserts

Charcuterie Board



May 6, 2025

Lunch

Dumplings, springrolls and rice



Desserts

Charcuterie Board



May 7, 2025

Lunch

Thai Sweet Chilli Beef Bowls



Desserts

Brown sugar Apple muffins



May 8, 2025

Lunch

Thai Sweet Chilli Beef Bowls



Desserts

Charcuterie Board



May 13, 2025

Lunch

Mini spinach & cheese quiche with
garlic bread and salad



Desserts

Charcuterie Board



May 14, 2025

Lunch

One-Pan Tomato & Spinach
Chicken Pasta



Desserts

Blueberry Muffins



May 15, 2025

Lunch

One-Pan Tomato & Spinach
Chicken Pasta



Desserts

Charcuterie Board



May 20, 2025

Lunch

Sausage in a roll - various toppings
beef and chicken



Desserts

Charcuterie Board



May 21, 2025

Lunch

Mild Indian Chicken Curry and rice



Desserts

Red Velvet Cupcakes



May 22, 2025

Lunch

Mild Indian Chicken Curry and rice



Desserts

Charcuterie Board



May 26, 2025

Lunch

Home made sausage rolls



Desserts

Charcuterie Board



May 27, 2025

Lunch

One Pot Mexican Chicken and Rice



Desserts

Rice bubble slice



May 28, 2025

Lunch

One Pot Mexican Chicken and Rice



Desserts

Charcuterie Board



June 3, 2025

Lunch

Pumpkin Soup with grilled cheese toasties



Desserts

Charcuterie Board



June 4, 2025

Lunch

Sausages with Potato Mash and Onion Gravy



Desserts

No Bake Lemon Slice



June 5, 2025

Lunch

Sausages with Potato Mash and Onion Gravy



Desserts

Charcuterie Board



June 10, 2025

Lunch

Chicken Nachos



Desserts

Charcuterie Board



June 11, 2025

Lunch

Nasi Goreng (Indonesian Fried Rice)



Desserts

Easy rocky road



June 12, 2025

Lunch

Nasi Goreng (Indonesian Fried Rice)



Desserts

Charcuterie Board



June 17, 2025

Lunch

Chicken Quesadillas



Desserts

Charcuterie Board



June 18, 2025

Lunch

Winter Chicken Stew with crusty bread



Desserts

Home made choc chip cookies



June 19, 2025

Lunch

Winter Chicken Stew with crusty bread



Desserts

Charcuterie Board



June 24, 2025

Lunch

Pizza Subs - Various Toppings



Desserts

Charcuterie Board



June 25, 2025

Lunch

Honey Mustard Baked Chicken & Roast Vegetables



Desserts

Honey Ginger cake with caramel icing



June 26, 2025

Lunch

Honey Mustard Baked Chicken and Roast Vegetables



Desserts

Charcuterie Board



July 1, 2025

Lunch

Chinese Noodle Soup



Desserts

Charcuterie Board



July 2, 2025

Lunch

Creamy cheesy Baked Fettuccine



Desserts

Carrot Cake Cupcakes



July 3, 2025

Lunch

Creamy cheesy Baked Fettuccine



Desserts

Charcuterie Board

